

Eating Disorder and Body Image Specialist - Registered Dietitian Nutritionist (RD / RDN) or Certified Nutritionist (CN) Hybrid (Remote with in-office patient work)

This position starts as Part-Time and moves to Full-Time as you build your caseload.

Must be located and be a Washington resident for this position. We are an insurance-based practice, and therefore our providers MUST reside in the state of Washington.

Must submit a cover letter addressing the points in this job description.

Rooted Path Nutrition & Eating Disorders, a branch of Starkel Nutrition (SN), a private practice nutritional counseling clinic located in the University District of Seattle (offering telehealth and in-person appts), is looking for a skilled and passionate individual to join our team to grow toward full-time. Our nutritionists work with a wide variety of medical and health issues, from autoimmune disease and gastrointestinal disorders to general wellness and optimal health, and we are looking to expand our eating disorder offerings.

Eating Disorder specialist RDN or CN (Washington)

We are seeking a Registered Dietitian Nutritionist (RDN) or a Certified Nutritionist (CN in the state of Washington), with experience in treating eating disorders to become a member of our team of providers. Specifically, we are looking for someone whose experience includes binge eating/loss-of-control and/or restrictive eating disorders, including experience working with all bodies and all ages. We are lucky to have several dietitians/nutritionists who work with eating disorders/disordered eating with whom you would collaborate and work closely together to provide a well-rounded experience for our clients. Our eating disorder colleagues are integral to our clinic, and we find that having this service as a branch of a general nutrition clinic helps us serve all our clients more effectively and appropriately. Our eating disorder group has its own identity and website, Rooted Path Nutrition & Eating Disorders. Check out www.rootedpathnutrition.com.

Our clinic has nutritionists who value a warm, compassionate, and friendly environment. When not working remotely by seeing clients via telehealth, we see them in person in a wonderful, supportive building dedicated to health practitioners and other small businesses. We enjoy working together and spending time in each other's company as a community. We embody our strong core values and hire to these as well. Because we value these so much, we encourage you to visit our website and read more about them on our careers page.

Core Values

- Outstanding Quality of Care
- Inspiring
- Boundless Growth
- Mindful Communication
- Connected

Responsibilities:

- Provide outpatient nutrition counseling to individuals struggling with eating disorders, disordered eating, body dysmorphia, and exercise addiction
- Create clear and manageable patient plans as appropriate
- Maintain clinical documentation for client and insurance purposes
- Schedule client appointment follow-ups
- Counsel in other specialty areas of nutrition (GI health, adrenal health, thyroid, normal health, etc.) as appropriate
- Lead support groups, programs, or other ways to reach and support clients (opportunity for this in Fall 2024 with a ready-made program)
- Collaborate with parents/caregivers and other practitioners as part of the client treatment team
- Be educated and familiar with using nutritional supplements to promote health and bring clients back into balance
- Build your practice with networking efforts
- Networking with others in the ED and other health communities

- Participate in local professional organizations
- Write/speak when the opportunities arise
- Contribute to the clinic's marketing efforts monthly
- Monthly blogs for our websites
- Supplement or lab reviews for team meetings
- Contribute patient and practitioner information to our internal files
- Attend weekly staff meetings, weekly provider meetings bi-weekly ED case review meetings, semi-annual all-clinic meetings, and others as they arise. We also have a bookclub as well as social events for the team.
- Maintain credentials and continuing education while staying current within your area of practice

Clinic:

The SN clinic has a full administrative team, several providers, an online nutritional supplement dispensary, and comfortable office space. We are a fun bunch and enjoy each other's company. The clinic will introduce you and promote you within our network of referrers, and start your practice growth process. The position does not immediately start full-time because you and the clinic must work together toward building a full practice. This comes from the *joint efforts of the clinic and your own networking and client retention*. The clinic handles all scheduling, bookkeeping, offices, charting software, insurance and out-of-pocket billing, client contact, marketing, etc.

Program Development:

We strive to provide career progression, and many of our dietitians/nutritionists concurrently help develop programs or move on to 100% program development. If you have this talent as well, please let us know and include a sample of your work such as an article, blog, or a portion of a project you've worked on.

Requirements:

- Must reside in the state of Washington

- Must be a registered dietitian nutritionist (RDN) or certified nutritionist (CN) in the state of WA
- Having continuing education in counseling will benefit your application
- At least two to three years of work experience in nutritional counseling, with at least 2 years in eating disorders
- Experience working with individuals with eating disorders in a clinic or an in-patient facility or treatment program (helpful)
- Ideally, be credentialed with the major insurance companies
- Live, behave, and talk in a way that supports a non-diet, weight-neutral biased relationship with food and body
- Have an understanding or knowledge of Health at Every Size (HAES) and the Principles of Intuitive Eating, Body Trust Framework
- Have completed or be willing to complete training in suicide assessment and prevention
- Strong work ethic, empathetic, collaborative, and committed to learning
- Willingness to recognize unconscious bias and strive for inclusivity
- Preference is given to those with functional medicine nutrition training

Hours:

- Typically we work when our clients need us. You may schedule your hours as are convenient for both you and your clients, any day of the week including weekends.
- Office hours are flexible. The schedule is coordinated through the admin team with all practitioners (the office is open 7 days/week - no admin coverage on Saturday or Sunday)
- Providers must offer at least 1 day in the office for in-person appointments (more days are optional if preferred). We find this is integral to supporting those populations with disordered eating and is greatly preferred by our clients.
- Full-time is considered maintaining an average of 20 or more clients/week (appointments, charting, coordination of care) plus clinic contribution work

(approx 5 hour/week). Our providers may see more clients than 20/week and will be paid accordingly.

- We value work-life balance and strive to practice what we recommend to our clients.

Compensation:

- Employee status
- Competitive progressive pay structure based on experience and client hours
- Once at full-time, employees qualify for medical, vision, and dental insurance, as well as 2 weeks of paid vacation & most federal holidays
- The clinic requests a 3-year commitment

Starkel Nutrition recognizes that the world of dietetics is heavily populated by thin, cis, white women. We admit to unconscious biases that influence our interactions and decisions and are actively working on this.

Interested candidates should send a resume and a cover letter to

[hiring@starkelnutrition.com](mailto: hiring@starkelnutrition.com) addressing their interest in working for Starkel

Nutrition/Rooted Path Nutrition & Eating Disorders, and why you would be a good fit for our team. We look forward to hearing from you!