

A FULL-DAY SEMINAR

Incorporating Evidence Based Practices Into Dance/Movement Therapy with Eating Disorder Patients

Salt Lake City, Utah • Thursday, October 11, 2018



This all day seminar will present dance/movement therapy concepts and techniques designed to focus on helping individuals with eating disorders reclaim their connection with their bodies and their selves, leading to the experiencing of a sense of “wholeness”.

Attendees will learn about facilitating engagement with the client’s authentic self by pairing the presented material with specific evidence-based practices that re-enforce the power of bringing both body and mind directly into the treatment process. Teaching methods will be didactic and experiential.

About the Presenters:



Susan Kleinman, MA, BC-DMT, NCC, CEDS, is Creative Arts Therapies Supervisor and Dance/ Movement Therapist for The Renfrew Center of Florida. Ms. Kleinman is a trustee of the Marian Chace Foundation, past President of the American Dance Therapy Association, and a past Chair of The National Coalition for Creative Arts Therapies. She has published extensively, presented widely, is the Sierra Tucson's 2012 "Gratitude for Giving" honoree, the recipient of the American Dance Therapy Association's 2013 Lifetime Achievement Award, and The International Association of Eating Disorders Professionals's 2014 Spirit of iaedp Award. Her work is featured in the documentary entitled *Expressing Disorder: Journey to Recovery*.



Concetta Troskie, MA, R-DMT, RDT, LPC, is a Counselor for the Outpatient Psychiatry Clinic at UT Southwestern Medical Center where she specializes in eating disorders. She also works in Private Practice in Dallas, Texas. She is the President of the Texas Chapter of the ADTA, and a past Chair of the International Association of Eating Disorders Professionals (Dallas/Ft Worth Chapter) expressive arts workshop. She is Founder and Facilitator of the first outpatient eating disorders group at UT Southwestern Medical Center. Concetta is a frequent presenter at national conferences.

TO REGISTER: www.adta.org/2018conference

For more information, please contact:

The American Dance Therapy Association: 410-997-4040 • gloria@ADTA.org
or Susan Kleinman: 954-671-6187 • skdmt2@bellsouth.net

This seminar is being sponsored by the American Dance Therapy Association as part of their 53rd Annual Conference, Bringing the Body and Creativity into Healing: The Art and Science of Dance/Movement Therapy. The ADTA (Provider #5739) is recognized by the National Board of Certified Counselors (NBCC) and will offer six continuing education hours for attendance at this seminar.