

Feminist Relational Perspectives and Beyond:

Cultivating HOPE

in an age of disconnection



THE
28th
ANNUAL

Renfrew Center
Foundation
Conference for
Professionals

FEATURED SPEAKER:
MONICA LEWINSKY

NOVEMBER
9-11 | 2018

17.5 CEs/CMEs

PHILADELPHIA, PA



The
Renfrew Center
Foundation
FOR EATING DISORDERS



Never Stop Growing

As successful eating disorder professionals, we are always looking to improve our effectiveness. We understand the environment in which we practice is constantly changing and our patient population is changing too. Many eating disorder clients are experiencing unprecedented levels of stress and anxiety in a polarized society where anger, bullying and threats to personal safety create an atmosphere of distrust and disconnection. We owe it to ourselves and to our clients to continue to grow and learn how to navigate through these emotionally-charged times. Conference 2018 will focus on evidence-based strategies, clinically relevant research and development of skills for building resilience.

A VARIETY OF LEARNING EXPERIENCES

Choose from an array of 30 workshops targeted to all levels of expertise. Cutting edge presentation styles include didactic, experiential and interactive. The breadth and scope of the Conference include experts from within and outside our field, cultural icons and prominent authors.

BIG IDEAS

You will be inspired by our keynote presenters, including a powerful address from our featured speaker, Monica Lewinsky.

PEER-TO-PEER SHARING & NETWORKING

You will have a unique opportunity to connect with colleagues from across the globe. The Conference is a staging ground for sharing new ideas and concepts about the treatment and recovery of eating disorder patients.

RENEW. RECHARGE. RELAX.

The Conference transcends an educational experience; it is a community where new relationships are formed and colleagues reunite. Something very special happens here each year – the energy and excitement is palpable. Our agenda and in-depth programming will send you back to your practice with vitality and fresh enthusiasm.

ACCREDITATION

17.5 CEs/CMEs available for psychologists, social workers, counselors, dietitians, nurses, and physicians, including psychiatrists. For more information, visit www.RenfrewConference.com.



Register
TODAY

Visit www.RenfrewConference.com
to learn more & view the full Conference schedule

THURSDAY, NOVEMBER 8TH

NEW ATTENDEE EVENING ORIENTATION

7:30 pm – 8:30 pm

FRIDAY, NOVEMBER 9TH

MORNING EXERCISE: FUNKY FIT I

6:45 am – 7:30 am

Nettie Reeves, CPT, CHC

GENERAL REGISTRATION & CONTINENTAL BREAKFAST

7:45 am – 8:45 am

FRIDAY MORNING WORKSHOPS

9:00 am – 12:00 pm

FR1 Trauma, Eating Disorders and Dissociation: When No Body is Home

Deborah Cohen, MSW

FR2 Christian-Based Treatment of Eating Disorders: Reconciling Self, Life and God

Laurie Cooper, PsyD
& Edith Majors, MS, MAIS, LPC Intern

FR3 Finding Hope at the Intersection Between Indigenous Knowledge and Western Science

Anita Johnston, PhD, CEDS

FR4 Recipe for Change: Integrating the Science of Nutrition and the Science of Emotion

Becky Mehr, MS, RDN, CEDRD, LDN
& Melanie Smith, MS, LMHC

FR5 *The Barbara M. Greenspan Memorial Lecture*

Embodied Journeys: Interconnected Pathways for Healing

Niva Piran, PhD, CPsych, FAED

FR6 Social Justice and Eating Disorders: Let's Move Forward Together

Marcella Raimondo, PhD, MPH
& Andrea LaMarre, MSc

LUNCH

12:00 pm – 1:00 pm

BREAK

1:00 pm – 1:30 pm

WELCOME

1:45 pm – 2:00 pm

Judi Goldstein, MSS, LSW
Conference Chair

KEYNOTE PRESENTATION

2:00 pm – 3:00 pm

Shame and Survival
MONICA LEWINSKY

BREAK

3:00 pm – 3:30 pm

FRIDAY AFTERNOON WORKSHOPS

3:30 pm – 6:30 pm

FR7 Breaking Free: The Treatment of Eating Disorders and Trauma

Rebecca Berman, LCSW-C, CEDS, MLSP

FR8 Making Sense of Behaviors: Understanding Autistic Spectrum Disorder, Sensory Processing Dysfunction and Eating Disorders

Kim Clairry, MS & Rachel Lewis-Marlow, MS, EdS

FR9 Hidden Voices: Understanding the Nuances of Eating Disorders in African American Women, Men and Children

Carolyn Coker Ross, MD, MPH, CEDS
& Lesley Williams, MD, CEDS

FR10 Understanding Teen Eating Disorders: Meeting New Demands for Multifaceted Treatment

Cris Haltom, PhD, CEDS
& Mary Tantillo, PhD, PMHCNS-BC, FAED, CGP

FR11 Intersectional Treatment of Body Image: Embodied/Cultural Curious Therapists

Robin Hornstein, PhD

FR12 Promoting Body Trust[®] in Your Work

Dana Sturtevant, MS, RD & Hilary Kinavey, MS, LPC

EVENING GATHERING

6:30 pm – 10:00 pm

SATURDAY, NOVEMBER 10TH

MORNING EXERCISE: FUNKY FIT II

6:30 am – 7:15 am

Nettie Reeves, CPT, CHC

GENERAL REGISTRATION & CONTINENTAL BREAKFAST

7:30 am – 8:15 am

Breakfast Discussion: Working With Women at Midlife and Beyond

Holly Grishkat, PhD & Karen Samuels, PhD

Networking Breakfast for Nutrition Therapists

Becky Mehr, MS, RDN, CEDRD, LDN & Emily Reilly, MS, RD

Men's Networking Breakfast

Samuel E. Menaged, JD & Steven Wiley Emmett, PhD

KEYNOTE PRESENTATION: RESEARCH PANEL

8:30 am – 10:00 am

Psychotherapy Research for the People: Can Feminism and Science Co-Exist?

Heather Thompson-Brenner, PhD (Moderator);
Amy Banks, MD & Stephen Wonderlich, PhD

BREAK

10:00 am – 10:30 am



SATURDAY MORNING WORKSHOPS

10:30 am – 12:30 pm

- SA1** The Invisible Crisis: Eating Disorders Among Asian American Women
Hue-Sun Ahn, PhD
- SA2** Functional Analytic Psychotherapy: Increasing the Potency of the Therapeutic Relationship
Whitney Graff, PsyD
- SA3** Nourishing Self-Care: Using Culinary Experiences to Facilitate Eating Disorders Recovery
Leah Graves, RDN, LDN, CEDRD, FAED
- SA4** Role of Weight Dysregulation in Understanding and Treating Eating Disorders
Michael Lowe, PhD & Adrienne Juarascio, PhD
- SA5** Beyond Picky Eating: The Other Eating Disorder that Doesn't Quite Fit - ARFID
Jaclyn Macchione, MOT, OTR/L & Tracey Stassi, RD, LDN
- SA6** Bringing Men into the Conversation: Transforming a Misogynistic #MeToo Culture
Margo Maine, PhD, FAED, CEDS; Marvice Marcus, PhD & Douglas W. Bunnell, PhD, FAED, CEDS

GENERAL LUNCH

12:30 pm – 1:45 pm

Celebrating Diversity Lunch

Cindy Gretzula, RN
& Paula Edwards-Gayfield, MA, LPCS, CEDS, NCC

KEYNOTE PRESENTATION

2:00 pm – 3:30 pm

Good and Mad: The Power of Anger

Rebecca Traister

BREAK/BOOK SIGNING

3:30 pm – 4:00 pm

SATURDAY AFTERNOON WORKSHOPS

4:00 pm – 6:00 pm

- SA7** Healing Through Creativity: The Body in LGBTQ+ Clients
Heidi Dalzell, PsyD, CEDS & Kayti Protos, MSW
- SA8** Dual Diagnosis: Diabetes and Celiac Disease in Eating Disorders
Trish Lieberman, MS, RD, LDN & Julie Cooper, MS, RD, LDN
- SA9** Assessing and Managing Suicide Risk in Individuals with Eating Disorders
April Smith, PhD & Shelby Ortiz, BA
- SA10** Recovery is a Verb, Not a Noun
Beth McGilley, PhD, FAED, CEDS & Mark Warren, MD, FAED
- SA11** Keeping Hope Alive: Working with Severe and Enduring Anorexia Nervosa
Laura Weisberg, PhD
- SA12** The One that Got Away: Women's Choices, Women's Voices
Natasha Weston, MS, LPC

POSTER PRESENTATIONS & NETWORKING RECEPTION

6:00 pm – 7:00 pm

SUNDAY, NOVEMBER 11TH

MORNING EXERCISE: SUNRISE YOGA FLOW

6:45 am – 7:30 am

Christine Comerford, BS, RYT 200

GENERAL REGISTRATION & CONTINENTAL BREAKFAST

7:30 am – 8:15 am

SUNDAY MORNING WORKSHOPS

8:30 am – 10:30 am

- SU1** Treatment and Recovery from Eating Disorders and Related Illness: "What's Love Got to Do With It!"
Michael E. Berrett, PhD
- SU2** Discovering Connection in a Disconnected World
Jaime Kaplan, PsyD
- SU3** Unquenchable Hungers: The Connection Between Eating Disorders and Substance Abuse
Ashley Lytwyn, MS, RDN
- SU4** Treating the Mother: Eating Disorders in Pregnancy and Postpartum
Jennifer McGurk, RDN, CDN, CEDRN & Christine Knorr, LCSW
- SU5** Culture Jamming: Creative Resistance to Toxic Culture in Eating Disorder Recovery
Sondra Rosenberg, ATR-BC
- SU6** Millennials Rising! Therapeutic Relationship Skills for Dysregulated Patients and Changing Sensibilities
Ron Taffel, PhD

BREAK

10:30 am – 11:00 am

CLOSING REMARKS FROM THE RENFREW CENTER FOUNDATION PRESIDENT

11:00 am – 11:15 am

Samuel E. Menaged, JD

KEYNOTE PRESENTATION

11:15 am – 12:45 pm

Hope for the Future: Reinventing the Way We Work with Millennials

Ron Taffel, PhD

CLOSING RITUAL

12:45 pm – 1:00 pm

Adrienne Ressler, LMSW, CEDS, F.iaedp

LUNCH AND TOUR OF THE RENFREW CENTER

1:30 pm – 4:00 pm

Registration Options

ONLINE: www.renfrewconference.com

MAIL: Attn: **Kavita Patel**,
The Renfrew Center Foundation
475 Spring Lane, Philadelphia, PA 19128

FAX: 215-482-2695
Please call 1-877-367-3383
to confirm receipt of fax

E-MAIL: Send completed form to **Kavita Patel**
at kpatel@renfrewcenter.com

REGISTRATION FORM *Please print clearly*

Name: _____

Credentials: _____

Organization: _____

Preferred Mailing Address:

Please Circle: Work or Home

City: _____

State: _____ Zip: _____

Work Phone: _____

Home Phone: _____

E-mail: _____

First Time Attendee: Yes _____ No _____

WORKSHOP REGISTRATION

Please indicate 1st and 2nd choice

Friday Morning 9:00-12:00 1st 2nd	Saturday Morning 10:30-12:30 1st 2nd	
FR1 <input type="checkbox"/> <input type="checkbox"/>	SA1 <input type="checkbox"/> <input type="checkbox"/>	
FR2 <input type="checkbox"/> <input type="checkbox"/>	SA2 <input type="checkbox"/> <input type="checkbox"/>	
FR3 <input type="checkbox"/> <input type="checkbox"/>	SA3 <input type="checkbox"/> <input type="checkbox"/>	
FR4 <input type="checkbox"/> <input type="checkbox"/>	SA4 <input type="checkbox"/> <input type="checkbox"/>	
FR5 <input type="checkbox"/> <input type="checkbox"/>	SA5 <input type="checkbox"/> <input type="checkbox"/>	
FR6 <input type="checkbox"/> <input type="checkbox"/>	SA6 <input type="checkbox"/> <input type="checkbox"/>	
Friday Afternoon 3:30-6:30 1st 2nd	Saturday Afternoon 4:00-6:00 1st 2nd	Sunday Morning 8:30-10:30 1st 2nd
FR7 <input type="checkbox"/> <input type="checkbox"/>	SA7 <input type="checkbox"/> <input type="checkbox"/>	SU1 <input type="checkbox"/> <input type="checkbox"/>
FR8 <input type="checkbox"/> <input type="checkbox"/>	SA8 <input type="checkbox"/> <input type="checkbox"/>	SU2 <input type="checkbox"/> <input type="checkbox"/>
FR9 <input type="checkbox"/> <input type="checkbox"/>	SA9 <input type="checkbox"/> <input type="checkbox"/>	SU3 <input type="checkbox"/> <input type="checkbox"/>
FR10 <input type="checkbox"/> <input type="checkbox"/>	SA10 <input type="checkbox"/> <input type="checkbox"/>	SU4 <input type="checkbox"/> <input type="checkbox"/>
FR11 <input type="checkbox"/> <input type="checkbox"/>	SA11 <input type="checkbox"/> <input type="checkbox"/>	SU5 <input type="checkbox"/> <input type="checkbox"/>
FR12 <input type="checkbox"/> <input type="checkbox"/>	SA12 <input type="checkbox"/> <input type="checkbox"/>	SU6 <input type="checkbox"/> <input type="checkbox"/>

Full schedule can be viewed at www.renfrewconference.com

SPECIAL EVENTS

I will attend the following:

THURSDAY EVENING

- New Attendee Orientation
(7:30 pm – 8:30 pm)
-

FRIDAY

- FUNky Fit I
 Evening Gathering
-

SATURDAY

- FUNky Fit II
 Breakfast Discussion: Working
With Women at Midlife and Beyond
 Networking Breakfast
for Nutrition Therapists
 Men's Networking Breakfast
 Celebrating Diversity Lunch
 Poster Presentations
& Networking Reception
-

SUNDAY

- Sunrise Yoga Flow
 Lunch & Tour of The Renfrew Center
(1:30 pm - 4:00 pm • Shuttle provided)

PAYMENT

Friday through Sunday \$ _____

Friday \$ _____

Saturday \$ _____

Sunday \$ _____

Total Amount \$ _____

Enclosed is a check or money order
in the amount of \$ _____

Below is my credit card information authorizing
payment to be charged to my account.
(Only the cards listed below are accepted.)

Credit Card:

- AMEX DISCOVER
 MASTERCARD VISA

Credit Card #: _____

Sec. Code: _____ Exp. Date: _____

Amount to be Charged: \$ _____

Signature: _____

Date: _____

Please make checks payable to The Renfrew Center Foundation. Full refunds will be made for cancellations received by Friday, October 5, 2018. Cancellations after October 5, 2018 will be refunded 50% of the registration fee. There will be no refunds issued after Friday, October 26, 2018. All requests for refunds must be submitted in writing to kkrausz@renfrewcenter.com.

Keynote Presentations



FEATURED SPEAKER:
MONICA LEWINSKY

FRIDAY, NOVEMBER 9TH
2:00 PM – 3:00 PM

Shame and Survival

After becoming the focus of a history-changing federal investigation into her private life, Monica Lewinsky found herself, at 24, one of the first targets of a “culture of humiliation” – a now-familiar cycle of personal, political and media harassment, particularly online. In this compelling Keynote Presentation, Ms. Lewinsky shares how she developed the strength and resilience to deal with shame, move beyond trauma and reclaim her personal narrative. In so doing, she explores how the rise of the internet and the explosion of social media over the past several decades has had a profound effect on our current cultural climate. Finally, she speaks at length about the power of women’s voices, given the #MeToo Movement and its impact on her.



Psychotherapy Research for the People: Can Feminism and Science Co-Exist?

Heather Thompson-Brenner, PhD (Moderator);
Amy Banks, MD & Stephen Wonderlich, PhD

SATURDAY, NOVEMBER 10TH | 8:30 AM - 10:00 AM

The gap between scientific and feminist clinical priorities can seem unbridgeable. However, recent research has yielded results that support therapeutic principles clinicians have long espoused. This Keynote Research Panel reviews conflicts between scientific and clinical value systems, and summarizes influential recent research indicating that emotions are key to treating eating disorders, relationships are essential to recovery, and collaboration between scientists and key stakeholders can be productive. These important research findings, which should be welcome to clinicians, call for additional attention to underserved groups.



Good and Mad: The Power of Anger

Rebecca Traister

SATURDAY, NOVEMBER 10TH
2:00 PM – 3:30 PM

Social pressures and media messages that target women discourage them from expressing anger. These messages tell them that to be angry is unattractive, crazy, out of control, and hysterical. In her Keynote Presentation, Rebecca Traister describes and explores how women’s rage actually has been a politically catalytic force throughout the nation’s history, a transformative, profoundly influential emotion within the suffrage, abolition, civil rights, gay rights, feminist, and labor movements.



Hope for the Future: Reinventing the Way We Work with Millennials

Ron Taffel, PhD

SUNDAY, NOVEMBER 11TH
11:15 AM - 12:45 PM

Millennials, those between 18 and 35, constitute the largest demographic in the country. Often, they enter psychotherapy with intense dysregulatory issues, as well as startlingly fierce expectations about treatment. Given the dramatic changes in ‘normal’ development and attachment during the 21st century, raised by parents with child rearing practices entirely different from previous generations, and maturing in an unbound, tech-driven culture, millennials cannot help but demand a profoundly different therapeutic connection. In this Keynote Presentation, Dr. Taffel uses slides to illustrate facts versus myths about millennial life, and outlines the essential, and often inspiring, relationship needs millennials display across all treatment modalities.

HOTEL & CONFERENCE SITE INFORMATION

Philadelphia Airport Marriott
One Arrivals Road, Terminal B
Philadelphia, PA 19153

The negotiated rate is \$120 per night plus taxes for a single or double occupancy. **To reserve a room at the discounted rate, please call The Philadelphia Airport Marriott directly at 1-800-682-4087. Please identify yourself as a Renfrew Conference attendee.** Reservations must be made no later than Wednesday, October 17, 2018 in order to receive the special discounted rate.

CONFERENCE FEE SCHEDULE

Registration Options	Early*	Regular	Student Rates	CE Credits
Friday through Sunday	\$650	\$695	\$520	17.5
Friday only	\$375	\$425	\$320	7
Saturday only	\$375	\$425	\$320	7
Sunday only	\$150	\$150	\$110	3.5

*To receive the early registration discounted rate, registration must be postmarked or completed online by Friday, September 14, 2018.

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ABOUT THE RENFREW CENTERS

The Renfrew Center has been the pioneer in the treatment of eating disorders since 1985. As the nation's first residential eating disorder facility, now with 19 locations throughout the country, Renfrew has helped more than 75,000 adolescent girls and women with eating disorders move towards recovery. Programs and services vary by site and include: Residential, Day Treatment, Intensive Outpatient, and Outpatient Programs.

ABOUT THE RENFREW CENTER FOUNDATION

The Renfrew Center Foundation, founded in 1990, is a non-profit, charitable organization dedicated to advancing eating disorders education, prevention, research, advocacy, and treatment. Through its programs, the Foundation aims to increase awareness of eating disorders as a public health issue and research the pathology and recovery patterns of people with eating disorders. To date, the Foundation has trained more than 35,000 professionals in the assessment, treatment and prevention of behavioral and emotional disorders by sponsoring an Annual Conference, as well as numerous seminars throughout the country.

For more information about The Renfrew Center or The Renfrew Center Foundation call **1-800-RENFREW (736-3739)** or visit **www.renfrewcenter.com**.



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