Benefits of PRIVATE PAY TREATMENT

Patients at Remuda Ranch at The Meadows receive equal access to the best possible care for their eating disorder whether they pay out-of-pocket or through insurance. But, paying out-of-pocket does have some advantages.

Life-Saving Treatment

Eating disorders have the highest mortality rates among all mental health disorders, yet most insurance providers will not cover long-term treatment. Paying out-of-pocket ensures that patients will get life-saving, round-the-clock care for as long as they need it.

Confidentiality

Unfortunately, an eating disorder diagnosis can put limits on a patient’s future. Paying out-of-pocket ensures the highest level of privacy by keeping the details of one’s diagnosis and treatment between the patient and treatment team only.

Flexibility of Treatment

Choosing private pay treatment eliminates third-party involvement in highly personal treatment decisions. Insurance companies often place strict limits on the length of stay in treatment programs. When a patient pays privately, they have control over their length of stay — not their health insurance policy. Patients can take the time they need to fully heal, begin recovery, and avoid relapse.

Treatment Efficacy

Research has shown that when a patient pays for their treatment they have better outcomes than those who did not.

Aftercare

The key to preventing relapse is a solid aftercare plan. Typically, there are more high-quality aftercare networks with eating disorder specialists who are not bound by the limits set by insurance panels and are more available to private pay patients.